

8-12-2011

## Press Release: Western to bring the East to campus

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### Recommended Citation

DeMerrell, Robin, "Press Release: Western to bring the East to campus" (2011). *(2011) Tibetan Art Exhibit*. Paper 1.  
[http://repository.wcsu.edu/tibetan\\_2011/1](http://repository.wcsu.edu/tibetan_2011/1)

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## Western to bring the East to campus

*Public invited to Tibetan art exhibit and medicine workshops*

DANBURY, CONN. — This fall Western Connecticut State University will bring both a Tibetan display of ancient medical paintings and a series of Tibetan medicine workshops to campus in anticipation of next year's visit from the Dalai Lama.

The Institute of Holistic Health Studies at WCSU in collaboration with Dr. Tashi Rabten of the Tibetan Medical Association will display a collection of historical Tibetan medical paintings from Monday, Aug. 29, through Friday, Sept. 30, in the Ruth A. Haas Library on the university's Midtown campus, 181 White St. in Danbury. The exhibit is free and open to the public. The hours are Mondays through Thursdays from 10 a.m. to 9 p.m.; Fridays from 10 a.m. to 2 p.m.; Saturdays from noon to 4 p.m.; and Sundays from 2 to 6 p.m.

The art collection is a re-creation of the famous Blue Beryl, a set of 80 medical paintings completed 300 years ago in Tibet. Traditional pigments were used to re-create the paintings that served as medical textbooks.

Four Tibetan medicine workshops will be held throughout the fall semester. The workshops will each be from 7 to 9 p.m. in Room 102 of Warner Hall on the Midtown campus. They are free and open to the public.

- Thursday, Sept. 22: "History, the Mind and Culture"
- Thursday, Oct. 6: "Theory, part I, The Mind-Body Connection"
- Thursday, Oct. 27: "Theory, part II, The Mind-Body Connection"
- Thursday, Nov. 17: "Treatment and Experience"

For more information, contact the Office of University Relations at (203) 837-8486.

**###Western###**

Western Connecticut State University offers outstanding faculty in a range of quality academic programs. Our diverse university community provides students an enriching and supportive environment that takes advantage of the unique cultural offerings of Western Connecticut and New York. Our vision: To be an affordable public university with the characteristics of New England's best small private universities.